SAMRU AWARDS VOLUNTEER SUMMARY SHEET



Organization:	Role:	Duration:	Number of hours volunteered:
Who you volunteered with (e.g. Peer Support Centre, Heart and Stroke Foundation, etc.)	What your volunteer title or role was (e.g. canvasser, peer tutor, etc.)	How long you were a volunteer for (e.g. one event, two semesters, etc.)	How many hours you worked in a given time period (e.g. 5hrs/week, 30hrs/semester)